

## Ambulatory Blood Pressure Monitoring (ABPM). Predictive value in children with chronic kidney disease (CKD).

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### Abstract

The prevalence of arterial hypertension (AHT) in pediatrics has been steadily increasing in the last five years. The prevalence of arterial hypertension (AHT) in pediatrics has been steadily increasing in the last five years, associated with the increase in obesity, and is a predictor of the development of AHT and cardiovascular disease in adulthood. Ambulatory blood pressure monitoring (ABPM) is a useful clinical tool that provides a more accurate description of blood pressure (BP) in relation to those obtained in the doctor's office. In the adult population, ABPM is recommended to confirm hypertension before initiating antihypertensive treatment.

**Received:** April 18, 2022; **Accepted:** April 22, 2022; **Published:** April 27, 2022

### Biography

Dr. Yendry Gattorno Aguila is a first degree specialist in General Medicine, assistant professor, first year resident in cardiology. She has worked as a physician in several medical centers in Cuba and outside the country in Venezuela. For 7 years, she has been working on the investigation of the use of Ambulatory Blood Pressure Monitoring (ABPM),

and its value in therapeutic and patient evaluation. He is an advocate of the use of technologies in the medical field and modifying old patterns that are collapsing with the advancement of these techniques and (ABPM), is one of them with a wonderful future if we generalize and train future.